

THE ATHLETIC PASSPORT

SPRINT.LAB



Turn every player's data into **the exact training** that gets them to their target.

A standardised profile of body *and* mind — physical performance plus mental readiness — in one portable Athletic ID.

1

Measure

One standardised assessment — morphological, physical, athletic, physiological, neuromuscular and biological markers, plus a readiness screen.

2

Profile

A personal Athletic ID — stratified against international position-specific norms, with a wellness score alongside it.

3

Prescribe

The individualised programme, target and milestones — tracked over time and cross-checked against readiness.

Stop training players by age and squad.
Start developing them by who they actually are.



Objective development — data-driven programmes that replace guesswork.



Lower injury risk — load matched to each player's capacity & readiness.



Mental readiness & duty of care — spot stress, poor sleep and burnout risk early.



A record that travels — a portable history across seasons & teams.

Become a **founding partner club.**

Grounded in peer-reviewed sports science. Now inviting a select group of leading clubs and academies to shape the product and be first to adopt it.

sprintlabapp.com